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## Wallace® Ring Pessaries

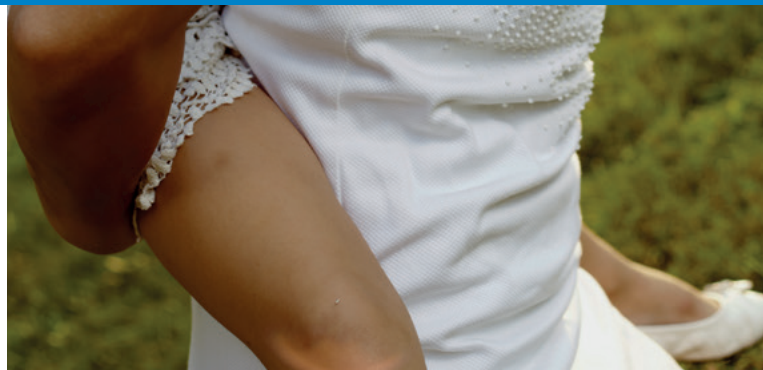
Clinician Information Guide

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# WALLACE® RING PESSARIES

## CLINICIAN INFORMATION GUIDE

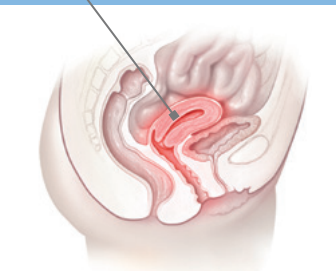
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### GUIDANCE ON THE FITTING OF THE RING PESSARY

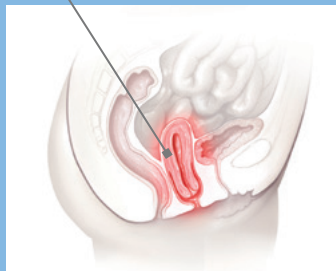
1. Insertion and removal of Ring Pessaries should only be performed by competent trained clinicians
2. Inspection of the vagina using a speculum is recommended prior to insertion or replacement of a Ring Pessary
3. Determine the size of the Ring Pessary required by currently accepted medical techniques. Wallace® has a range of sixteen Ring Pessary sizes to suit all patients.
4. The Ring Pessary may be immersed in hot water to warm it and increase its flexibility if required
5. Wearing sterile gloves, hook your middle finger around the outer rim of the Ring Pessary in the centre until the edges make contact
6. To ease insertion, a water soluble lubricating jelly may be applied to the front edge of the Ring Pessary. Holding the Ring Pessary vertically, insert it into the vagina angling it down towards the floor of the pelvic basin.
7. Remove your fingers and thumb and push the Ring Pessary into place, ensuring it is on the bony ledge behind the symphysis pubis
8. Check the position of the Ring Pessary. The cervix should be felt protruding through it, and it should be across the vagina with the back edge in the posterior fornix and the front edge behind the symphysis pubis.
9. The Ring Pessary should be checked after three months or as advised by clinicians, but if it is removed it must be replaced with a new Ring Pessary
10. The Ring Pessaries are supplied non-sterile and are non-reusable. Products must be removed and disposed of after six months
11. After removal of the Ring Pessary, an inspection of the vagina should be performed to check for ulceration, bleeding, and infection

### RING PESSARY PLACEMENT

Uterus



Prolapsed uterus



Uterus

Pessary in position

